



# Peaceful Mind

## Singing Mantra and Talismanic Recording

*Recorded directly to vinyl in real-time under astrological election*

In the practice of Talismanic magic (of which I am a humble experimenter), a seal, figure, or image is engraved on a sympathetic material at an appropriately elected time to produce a charm that protects, heals and captures the qualities of the moment it was created.

In the case of this special edition record, sound has been inscribed on to vinyl by way of the lathe cutting process. I chose our recording date and time using principles of electoral astrology, seeking to align the quality of time with the activity and the intentions of the undertaking. The astral bodies addressed at the time of recording are Venus (planet of love, harmony and beauty, and a signifier of singing), Mercury (the messenger planet of thought and communication, also associated with music) and Neptune (a more elusive planetary symbol associated with dreams, magic, and dissolution) as well as the Moon, crucial in all material undertakings.

Multiple measures were taken to contribute to good fortune on this recording and to attract the influences of the heavens for the desired effect of "Peaceful Mind". The result is a vinyl object adorned with astrological and magical character, appropriately consecrated with sympathetic practice to be conducive to harmonious relaxation and expansive thought. Vocal takes were cut directly to vinyl in real-time making each copy of this edition unique.

Thank you for supporting this gesture.

May it contribute to peace that flows forth in all directions.

A handwritten signature in black ink that reads "New Chance". The signature is fluid and cursive, with the first letter of "New" being a large, stylized 'N' and the word "Chance" following in a similar script.

Lathe cuts by Jackson Darby for Personal Touch.

Sticker by Sandy Plotnikoff

Edition of 40 • Personal Records